Join the School Nurse Organization of Minnesota (SNOM) at our annual conference November 4th and 5th to expand your nursing knowledge and network with school nurse colleagues from around the state.

**Friday, November 4th** will feature a variety of speakers sharing their expertise in ACEs (adverse childhood experiences), trauma informed care, concussions, narrative medicine and a professional practice model. We will finish out Friday with a speaker who will inspire us to see the gifts in each day. Following the day’s presenters please join us for appetizers and to network with school nurses from around the state.

On **Saturday, November 5th** the speakers will share their expertise about implementing trauma informed practices to support our Native American students and their families, supporting students returning to school from inpatient mental health treatment, and results of the I-SNAAP study of Minnesota School Nurses and students. Our annual awards luncheon will conclude the conference, recognizing the School Nurse of the Year, Jennifer Nordstrand and the School Nurse Administrator of the Year, Eileen Kern.

**PROGRAM & PLANNING COMMITTEE:**

Lillian Levine (St. Francis) Chair
Mary Aarness (Retired: St Francis)
Erika Yoney (MDH)
Gail Hansen (Minneapolis)
Becky Hudlow (Retired: Eden Prairie)
Ann Lumbar Bendson (Minneapolis)
Bobbi Pointer (Hopkins)
Patty Rezabek (Retired: Minnetonka)
Nina Centrella (District 287)

**Conference brochure and information is also available at:**

www.minnesotaschoolnurses.org

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**FLASH DRIVES**
Flash drives will be given out at registration with the handouts preloaded; no paper copies will be available.

**JOIN SNOM & NASN**
To join SNOM and NASN please visit: http://www.nasn.org/Home/Becomeamember

**ROOM RESERVATIONS:**

Minneapolis Marriott Northwest
7025 Northland Dr. North
Minneapolis, MN 55428

Cost of a Suite is $129.00 plus tax. All rooms are suites. Reservations can be made at any time by calling 763-536-8300 or 877-303-1681 or by going to http://www.marriott.com/hotels/travel/mspwn.

Please mention the School Nurse Organization of MN when making your reservations. To receive the reduced rate, reserve your room by October 17th.

**SCHOLARSHIPS**
SNOM Fall Conference scholarships are available; deadline is October 16th, 2016. For scholarship information and Conference Questions contact Lillian Levine at 612-819-6537 or email at lillian.levine@isd15.org

**CONFERENCE QUESTIONS**
Please contact Lillian Levine at 612-819-6537 or email lillian.levine@isd15.org
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<tr>
<th>Time</th>
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<tr>
<td>7:00 a.m.</td>
<td>Registration/Breakfast</td>
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<td>7:00-8:00 a.m.</td>
<td>Poster Sessions and Exhibits</td>
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<td>8:00-8:15 a.m.</td>
<td>Welcome and Announcements</td>
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<tr>
<td>8:15-9:45 a.m.</td>
<td>“The Impact of Trauma on the Developing Brain”, Char Myklebust, M.A. in Clinical Psychology</td>
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<td>9:45-10:15 a.m.</td>
<td>Break/Exhibits/Posters</td>
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<td>10:15-11:30 a.m.</td>
<td>“Pediatric Concussions: Surviving the Hit”, Dr. Ryan Williams, pediatric neurologist, Stephanie Freadrich, MS OTR/L, and Devri Lybeck, DPT</td>
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<td>11:30-12:15 p.m.</td>
<td>“Empowering Your Practice: The Journey from Hopelessness to Results”, Julia Bennett, MA, BSN, RN, LSN and Liz Zeno MA, BSN, RN, LSN</td>
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<td>12:15-1:45 p.m.</td>
<td>Lunch/Exhibits/Posters</td>
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<td>1:45-3:15 p.m.</td>
<td>“What’s Your Story?”, Syl Jones, Bush Foundation Fellow and Fellow of Narrative Medicine at Hennepin County Medical Center</td>
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<td>3:15-3:45 p.m.</td>
<td>Break/Exhibits/Posters</td>
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<td>3:45-4:45 p.m.</td>
<td>“Together We’re Even Better...You Make the Difference”, Mike McKinley, Entrepenuer and Consultant in Leadership and Organizational Leadership</td>
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<td>4:45 p.m.</td>
<td>Closing Remarks</td>
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<td>5:00 p.m.</td>
<td>Hospitality Event: Please join other conference participants for a relaxed time of socialization and fun! Appetizers will be served.</td>
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**Saturday, November 5**

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<tr>
<td>7:15-7:45 a.m.</td>
<td>Registration/Breakfast</td>
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<td>7:45-8:30 a.m.</td>
<td>SNOM Board Meeting &amp; Legislative Update</td>
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<tr>
<td>8:30-10:00 a.m.</td>
<td>“Effective Practices for Supporting Resiliency in Native American Youth and Families“, Tom Delaney, Supervisor of Interagency Partnerships at the Minnesota Department of Education and Lonna Hunter, State Tribal Liaison at the Minnesota Department of Public Safety</td>
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<td>10:00-10:15 a.m.</td>
<td>Break</td>
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<tr>
<td>10:15-11:45 a.m.</td>
<td>“Inpatient Pediatric Mental Health Treatment Options and Supporting Students Returning to School”, Karen Wendt, RN, PHN, Masters in Educational Leadership</td>
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<td>11:45-12:15 p.m.</td>
<td>“The International School Nurse Asthma and ADHD Project: Results of a Survey of Minnesota Nurses”, Camille Brown, BSN, RN, PHN, LSN</td>
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<tr>
<td>12:15 p.m.</td>
<td>Lunch &amp; Awards: Join us for the School Nurse Of the Year, School Nurse Administrator Of the Year, scholarship recipients, and special recognition awards</td>
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FRIDAY, NOVEMBER 4

The Impact of Trauma on the Developing Brain  
**Speaker: Charlene Myklebust, M.A. in Clinical Psychology**

Char currently works as an Educational Leadership Consultant. She was formerly the Executive Director of Mental Health and Partnerships in Intermediate District 287 where her role was overseeing Social Emotional Learning. Safe Schools initiatives, school linked mental health services and community and county collaborations. She has co-written and teaches the school leader professional learning series called “A Better Way.” The series is designed to drastically reduce the use of exclusionary practices that have disproportionately impacted youth of color and children with special education needs. Char is a past recipient of NAMI-MN Educator of the Year and MACMH Outstanding Service awards.

Participants will learn about the neurological impact of childhood trauma on brain development and how that development can be reflected in the behaviors of our students. She will describe how students impacted by trauma adjust to stress. Char will explore with participants the ten Adverse Childhood Experiences (ACEs) that lead to adult disease and shortened life span and how school nurses can assess for and support students.

**Pediatric Concussions: Surviving the Hit**  
**Speakers: Ryan Williams, MD, EdM, Pediatric Neurologist at the Minneapolis Clinic of Neurology, Stephanie Friedrick, MS, OTR/L and Devri Lybeck, DPT**

Dr. Williams completed his medical degree at Stanford University. He went on to obtain a Master’s Degree in Mind, Brain and Education from the Harvard Graduate School of Education. Dr. Williams has written and spoken on the topics of childhood depression, mindfulness and seizures. Stephanie is an occupational therapist who specializes in treating children and adults with neurological conditions, including concussion and post-concussion syndrome. Her passion is treating the visual impairments that can be a symptom of these conditions and significantly impacts the lives of those affected. Devri is a physical therapist who completed her doctorate at the University of Wisconsin - Madison and is passionate about the field of neurology.

Dr. Williams, Stephanie and Devri will review the definition of concussions, and will provide practical resources to ensure school nurses are comfortable recognizing the symptoms of concussions. They will update attendees on the initial therapeutic approaches used for treatment. School nurses will learn about the essential advocacy role that schools and school nurses play in helping students recover and return to school. Participants will also learn how to identify the factors that increase the likelihood of prolonged concussion symptoms that can be so detrimental to students.

**Empowering Your Practice: The Journey From Hopelessness to Results**  
**Speakers: Julia Bennett, MA, BAN, RN, LSN and Liz Zeno, MA, BSN, RN, LSN, Licensed School Nurses with the Minneapolis Public Schools**

Julia Bennett is a Licensed School Nurse in the Minneapolis Public Schools. She has been a nurse for 38 years and a school nurse for 24 years. In addition to her school nursing career, Julia works at Hennepin County Medical Center(HCMC) in Urgent Care.

Liz Zeno has been a pediatric nurse for 32 years, working as a Licensed School Nurse in the Minneapolis Public Schools for 23 years. Liz has extensive experience with electronic health record platforms and helped develop the electronic health record and data system presently in use in MPS. Liz excels in extrapolating this data and using it to guide school nursing practice and staffing. She is the current Minnesota NASN Director.

Both Julia and Liz are past MN School Nurse of the Year award recipients.

The Minneapolis School Nurses have had great success in implementing a professional practice model (PPM) and acuity-based staffing system. In this session, they will help school nurses be able to understand and describe components of a professional practice model. They will assist participants in identifying existing data sources that will support decision making regarding student health. These methods will empower school nurses to utilize the information at their fingertips to show the tremendous work they do and influence decisions that affect the students they serve.

**What’s Your Story?**  
**Speaker: Syl Jones**

Syl Jones is a Bush Foundation Fellow, a recipient of a National Endowment of the Arts Playwriting Fellowship and a Resident Fellow in Narrative Medicine at Hennepin County Medical Center (HCMC). In his role at HCMC, he teaches interns and residents the principles of narrative approaches to health and medicine. He has over 60 plays to his credit as a playwright and journalist, including, BECAUSE, written about patients facing mental health crises.

Syl will use these incredible experiences to highlight the therapeutic intersection of patient and caregiver stories. Participants will learn about the various aspects of Narrative Medicine and how they might be used to enhance daily practice.

**Together We’re Even Better...You Make the Difference**  
**Speaker: Mike McKinley, Consultant in Leadership and Organizational Development**

Mike has over four decades of business experience that began with his own garbage hauling business at age 15. He is an author on change, motivation, maximizing performance, teamwork, leadership and balancing work and home life.

Mike will bring his wisdom in dealing with real world situations to inspire participants to view each day as a gift, learn from our experiences and utilize laughter as the greatest power we possess. He will help school nurses explore how to enable positive thinking in a negative world. Participants will also acquire tools to bounce back in an ever changing world.

SATURDAY, NOVEMBER 5

**Effective Practices for Supporting Resiliency in Native American Youth and Families**  
**Speakers: Tom Delaney, Supervisor for Interagency Partnerships at the Minnesota Department of Education and Lonna Hunter, State Tribal Liaison at the Minnesota Department of Public Safety**

Tom and Lonna completed the Creative Community Leadership Institute sponsored by the Bush Foundation and began collaborating in their work to train diverse communities in trauma-informed practices and resiliency.

They will help participants understand the historical and concurrent impact of Adverse Childhood Experiences (ACEs) in Native American communities. Using this understanding, Tom and Lonna will share current best practices in creating resiliency in Native American youth and families. School nurses will gain skills to support and encourage student success.

**Inpatient Pediatric Mental Health Treatment Options and Supporting Returning to School**  
**Speaker: Karen Wendt, RN, PHN, Masters in Organizational Leadership**

Karen has worked for the last 30 years as a psychiatric nurse in a variety of settings, with various ages and in multiple states. She currently serves as the Program Director for the child and adolescent units at the University of Minnesota Medical Center Hospital. She is incredibly passionate about improving care for persons with mental illness and is committed to continuing change and improving practices through ideas that are generated by front line staff.

Karen will help school nurses understand the mental health treatment options utilized at the University of Minnesota. She will use that understanding to look at how school nurses can support students as they transition back to school following an inpatient hospitalization related to mental health. These tools will be vital to creating opportunities for students to be successful during this time.

**The International School Nurse Asthma and ADHD Project: Results of a Survey of Minnesota Nurses**  
**Speaker: Camille Brown, BSN, RN, PHN, LSN**

Camille has worked for five years as a school nurse with vulnerable populations on the Leech Lake Reservation and in North Minneapolis. She returned to school to pursue her PhD in Nursing at the University of Minnesota where she is focusing the majority of her research on reducing health disparities among adolescent LGBTQI populations.

Camille was also integral in the I-SNAAP study of Minnesota school nurses and students. She will review the implications of the findings that directly affect nursing practice. Using this information, Camille will discuss the school nurse’s critical role in coordinating care for families of students with ADHD and asthma. Participants will gain insight into how to support students and their families using the information obtained from this study.
COST FOR SNOM CONFERENCE:

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All registrants will receive a flash drive with the handouts as part of their registration.

Registrations after October 27 and same day registrations will be accepted at the door for an additional fee of $30.00. Payment will be accepted by check or cash ONLY for same day registration. There will be no refunds after October 27, 2016.

SNOM conference registration fee covers breakfast, lunch and refreshments for each day and resource materials.

CEUs: This seminar is designed to meet the Minnesota Board of Nursing requirements for license renewal. A certificate of attendance for 7.2 contact hours will be given for Friday, 4.2 hours for Saturday and 0.6 contact hours for poster presentations for a total of 12 contact hours.

If you are unable to register online, mail conference form to Lillian Levine, 5810 169th Ave NW, Ramsey MN 55303. Checks should be made out to SNOM. Deadline for regular priced registration must be postmarked by October 24, 2016. No purchase orders accepted.

SNOM Annual Conference Mail In Registration

Name:                                          Email:

Address:

Position:                                      Employer/School District Name:

NASN (National Organization of School Nurses #:     Exp. Date:

Home Ph: (     )                            Work Ph: (     )

COST FOR SNOM CONFERENCE NOVEMBER 4 & 5, please CHECK ONE:

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SATURDAY AWARDS LUNCHEON

Join us for the awards luncheon on Saturday.

Please let us know if you plan to attend:

_____ Yes     _____ No

$__________ TOTAL AMOUNT ENCLOSED; INCLUDES ADDITIONAL FEE OF $30 IF POSTMARKED AFTER OCTOBER 24, 2016.

SNOM conference registration fee covers breakfast, lunch and refreshments for each day and resource materials. Please note if you have any special dietary requests:__________________________________________.